THANCE TO STUDY EFFECTS ON INCOMING IMMIGRANTS.

Subject of Vast Importance to the Medical Profession - Disappearance of National Types.

The medical importance of anthropology is just beginning to be appreciated, not only from the theoretical side, but also practically in treatment, says American Medicine. It ts less than a generation ago that textbooks implied or even taught that the differences between the various races of men were meaningless freaks of nature. The great awakening of biology-of itself a recent affair-has done much to popularize the law that every characteristic has an offensive or defensive use for which it was developed and is rarely useless and still less rarely harmful. It is, therefore in order to apply the law to man and find out what racial differences have developed; why some are tall, others short; some stocky, others frail; some black, others blonde; some with kinky hair, others with straight.

The solution of these problems cannot be expected in the near future, but enough has been done to warrant the assertion that some knowledge of physical anthropology is an important part of a physician's education, for it is at least of practical importance. To the physiologist it is essential, for it throws a flood of light upon the uses of tissues and organs which vary sc greatly from race to race. It is no longer an academic study left to some old man who has nothing better to

If it is learned why a certain characteristics has developed in a certain immigrants not possessed of that means of defense must adopt a substitute or suffer in health. In recommending changes of climate it might is appropriate for that patient. The hygienic results would also be of vital importance. In every sense, the new late it and the hole left open. is not so distant when it will be not the main runways. only a part of a liberal education, but an essential preliminary for the study of medicine. The study of man has too long been neglected by the students of men.

The effects of the different American climates upon European settlers are a vast unexplored field, which upon investigation may yield knowledge of great importance. Only here and there and at infrequent intervals have there been any attempts to explain the disappearance of certain American families. Occasionally there is a study of a small group of emigrants and their children, but comparatively little is known of the ultimate result of residence in this continent. It must be remembered that over 50 per cent., and perhaps 60 per cent., of Americans have fived here only two generations and that there is scarcely time to tell what is happening to thom.

in similar migrations to climates like those in the United States it is known that certain types always disappear. There is good evidence that identical phenomena are taking place here, though so slowly that they have been unnoticed. If it is true, it should be investigated and a careful record made of the types of families which rade and the diseases or conditions their disappearance. The subject is tion than has been given to it. Like

tion. We rarely or never realize that and restock the territory. we are far south of the latitude in which our ancestors lived, and by well known natural laws we are being injured in some way,

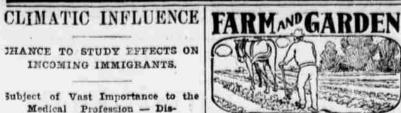
Reward Sixty Years Delayed.

A kind act performed by the parents of Margaret Mueller, in Germany, has borne fruit after more than 60 years. Miss Mueller, who is now 80 years old, traveled throughout the world in her younger days as a musician, with a brother, but has been in indigent circumstances here for a long time. An annuity that will make her remaining years comfortable has just oeen settled upon her. Miss Mueller's parents were wealthy and once befriended a little girl who is now rich and living in Philadelphia. This woman has come to the aid of the daughter of the people who gave her a home when she was without friends. Those who know the name of the Philadelphia woman refuse to reveal it, saying that it is in accordance with ner wish.-Pittsburg Dispatch.

Strong Incentive. A novel excuse for stealing was civen in Bucharest the other day. A woman was charged with the lar ceny of 12 cases of silver. Said the judge: "Come, tell us the truth." Said the woman: "The truth, my good Judge, is that I have not been able to resist the temptation. Consider, your honor-they all bore my initials!

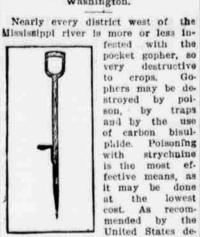
Bright Idea.

"Queer idea of Jenks in advertising to trade his auto for a mule, wasn' "There was some logic in it He says If it's a case of eternal swear ing, he wants something with ears to awear at "-- Milwaukee Sentinel.



HOW TO DESTROY COPHERS

Methods Recommended by the Agricultural Department at Washington.



Go-

partment of agriculture. Dissolve one ounce of strychnine sulphate in one pint of boiling water, add a pint of thick sugar syru? and stir. Preserve in a close vessel. This quantity is sufficient to poisou one-haif bushel of shelled corn & other grain. Steep the corn in hot water and allow it to soak over night. Then drain and allow it to soak for several hours in the poison syrup. Curu may be rubbed in meal to remove the excess of moisture.

This poisoned corn may be introduced into the runways by the use of environment, it is known that new a dipple and a spoon. This dipple, shown in the sketch, may be made from a spade handle with a metal point and a strong bar upon which to place the foot in forcing it into the be possible to select that one which ground. The bar should be about 15 inches from the point. A hole is made, a spoonful of poisoned corn dropped study is so important that the time corn, of course, must be put in or near

Trapping is a good method if followed persistently. It is adapted to



POCKET GOPHER AND ITS BURROW.

small fields, where only a few gopners are present. A small steel trap may be employed, but there are a number of special gopher traps on the market. These traps must be set in the main gopher tunnel.

Carbon bisulphide has been used extensively for kining gophers. If the burrows are large in dry soil, however, the gas evaporates so rapidly that much of the liquid is required to kill which were the ultimate causes of the animals and the methods is expensive. If the burrows are small in bles. I had headache, seemed always one which deserves far more atten- moist soil, an ounce of the liquit to each burrow is sufficient. Pour the the study of anthropology, so long carbon bisulphide over a bunca of col-neglected, it might sevent facts of ton rags or other waste material and relieves periodical pain, and makes practical importance to hygiene and push this quickly into the burrow and sick women well. \$1.10 at drug stores. close the opening. All the farmers in The personal reminiscences of fami a community, says the Orange Judd By physicians have thus a practical Farmer, must cooperate in order to value, and such academic investiga- exterminate the pocket gopher. Untions may mean the preservation of less they are eradicated from the families otherwise doomed to extince neighborhood they will soon come in

FARM NOTES.

A mulch works well around the gooseberry bushes.

Save your own seed, or buy the best seed at four times the cost, if neces-

Cat all the wood ashes you can and apply them to the garden and truck patch.

Don't buy a lot of things you do not need, merely because the agent's tongue is hung in the middle and loose at both ends.

Now, give the boy a few acres to farm with a team, and seeds, and see what he will make of it. It will make him feel like a man and bind him to the farm.-Farm Journal.

That Motherly Hen.

What looks nicer than a motherly old hen brooding her little ones, with five or six half way out, and half way under her wings, a row of sleepy head; sticking out, and two or three up or her back, ending with a fringe of drowsy little fellows backed up against their patient caretaker? If thes is no a picture of homely confort what let -Farm Journal.

Hurried Exit.

"Gladly would I die for you." Her look of hateur was maintained

despite this plea. "You are in error," she replied, coldty: "if you think the color of your hair constitutes my chief objection to

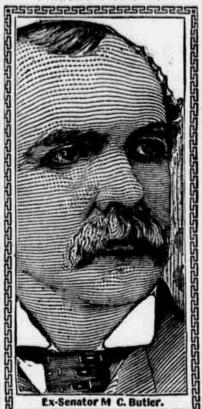
you." The good-night was brief and soon -Philadelphia Ledger.

A Breakfast Dialogue. Mrs. Talkwords-Henry, you were talking in your sleep last night.

Henry-Pardon me for interruptia

fou.-Smart Set.

UNITED STATES SENATOR FROM SOUTH CAROLINA PRAISES PE-RU-NA



Dyspepsia Is Often Caused By Catarrh of the Stomach-Peruna Relieves Catarrh of the Stomach and Is Therefore a Remedy For Dyspepsia.

Hon. M. C Butler, Ex-U. S. Senator from South Carolina for two terms, in a letter from Washington, D. C., writes to the Peruna Medicine Co., as follows:

"I can recommend Peruna for dyspepsia and stomach trouble. I have been using your medicine for a short period and I feel very much relieved. It is indeed a wonderful medicine, besides a good tonic."

CATARRH of the stomach is the cor-In order to cure catarrh of the tomach the catarrh must be eradicated. Only an internal catarrh remedy,

uch as Peruna, is available. Peruna exactly meets the indications. Revised Formula.

"For a number of years requests have come to me from a multitude of grateful friends, urging that Peruna be given a slight laxative quality. have been experimenting with a laxative addition for quite a length of time, and now feel gratified to announce to the friends of Peruna that I have incorporated such a quality in the medicine which, in my opinion, can only enhance its well-known bene ficial character.
"S. B. HARTMAN, M. D."

ORACULAR OBSERVATIONS. Some potters live by means of their

urnings. The small boy with his first watch

is having the time of his life. Every dog has his day, but the fleas

are on him both day and night. It is a persevering undertaker who accomplishes all he undertakes. Love seems to resemble a bottomless pit when some people fall in.

Struck by Lightning.

Mrs. Nancy Cleary, of Brewers, N. C., suffered as if struck by lightning. She says: "I was almost paralyzed from my walst down, and my back hurt me constantly, from female troutired, and felt as if I was dying. I took Wine of Cardui, which cured me, and

Hardly Consolation.

Pessimist—It seems in these fashionable revivals one must have a reserved seat even to be saved.

Optimist—Yes; but remember the pit is free to all.—Baltimore American.

Don't Get Footsore! Get Foot-Ease. A wonderful powder that cures tired, hot, aching feet and makes new or tight shoes easy. Ask to-day for Allen's Foot-Ease. Accept no substitute. Trial package FREE. Address A. S. Olmsted, Le Roy, N. Y.

Nautical Knowledge.

She (on the Atlantic liner)-Did you observe the great appetite of that stout man at dinner?

He—Yes; he must be what they call a stowaway.—Stray Stories.

FITS, St. Vitus Dance and all Nervous Diseases permanently cured by Dr Kline's Great Nerve Restorer. Send for Free \$2.00 trial bottle and treatise. Dr. R. H. Kline, Ld., 931 Arch St., Philadelphia, Pa.

The day that a woman puts away her first dollar toward buying a piano, she decided in what corner of the parlor she intends to put it.—Atchison Globe.

Clear white clothes are a sign that the housekeeper uses Red Cross Ball Blue. Large 2 oz. packages, 5 cents.

Happiness-An exception to the rule hat the demand always creates a supply.-Century.

Lewis' Single Binder straight 5c. You pay 16c for eights not so good. Your dealer or Lewis' Factory, Peoria, Ill.

A horse laugh may be the kind let out by the equine who is drawing a disabled automobile back to town. Try Garfield Tea! It purifies the blood,

cleanses the system, brings good health.

The future has little in store for those who neglect the present.

AN EVERY-DAY STRUGGLE.

Men and Women of Every Occupation Suffer Miseries from Kidney Complaint.

J. C. Lightner, 703 South Cedar St., Abilene, Kansas, is one of the thousands



who suffer from kidney troubles brought on by daily work. "I first noticed it eight or ten years ago," said Mr. Lightner," the dull pain in the back fairly made me sick. It was hard to get up

or down, hard to straighten, hard to do any work that brought a strain on the back. I had frequent attacks of gravel and the urine

passed too often and with pain. When I used Doan's Kidney Pills, however, all traces of the trouble disappeared and have not returned. I am certainly grateful."

Sold by all dealers. 50 cents a box Foster-Milburn Co., Buffalo, N. Y.

CAME WELL RECOMMENDED He Was Not Like Some New and Untried "Feller" Among the Girls.

The buxom maid had been hinting that she did not think much of working out, and this in conjunction with the nightly apearance of a rather sheepish young man caused her mistress much apprehension, relates Everybody's Magazine.
"Martha, is it possible that you are thinking of getting married?"
"Yes'm" admitted Martha, blushing.
"Not that young fellow who has been

"Yes'm," admitted Martha, blushing.
"Not that young fellow who has beer
calling on you lately?"
"Yes'm, he's the one."
"But you have known him only a few

days."
"Three weeks come Thursday," correct-

ed Martha.
"Do you think that is long enough to know a man before taking such an impor-

"Well," answered Martha with spirit,
"'tain't 's if he was some new feller. He's
well recommended; a perfectly lovely girl
I know was engaged to him for a long
while."

To Cuba, Every Friday, the Havana Limited. A swell Pullman train of dining car, club car with smoking room, barber shop and bath room, with barber and valet in

and bath room, with barber and valet in attendance; stateroom, drawing room and observation sleeping cars, leaves St. Louis at 9:45 P. M. via the Mobile and Ohio R. R., and arrives at the steamship docks at Mobile at 3:00 P. M. Saturdays. On arrival of the Havana Limited, the palatial nineteen-knot, twin-screw S. S. "Prince George" sails, and passes into the harbor of Havana at sunrise Mondays.

Returning, the S. S. "Prince George" sails from Havana at 5:00 P. M. Wednesdays, arriving at Mobile at daylight Fridays, and the Havana Limited leaves the steamship docks at 9:00 A. M. and arrives at St. Louis Saturday mornings. A delightful week's outing—inexpensive and full of interest. Low rate excursion tickets good for six months. Call on your home Agent or write Jno. M. Beall, General Passenger Agent. St. Louis.

Shocking.

The young men returning to college after the Easter holidays, made a good deal of noise at the junction.

"What do you call them?" a traveler asked, wearily.

"Well, sir," said the station agent, "We don't know their real name here; we always call them returned emptics."

A Strange Story. Mrs. Isaac W. Austill, of Chestnut Ridge, N. C., tells a strange story of great suffering. "I was in bad condition for months, but got no relief. My periods had stopped, all but the pain. After taking part of a bottle of Wine of Cardui, nature worked properly and without pain. I advise all suffering women to use Cardui." pure specific remedy for women's ills. \$1,00, at druggists.

The Effect.

"I think that my speech on this ques-on will have some effect." "It has that my speech on this ques-tion will have some effect," answered "It has already had an effect," answered Senator Sorghum. "You have caused two or more questions to grow where there was but one before."—Washington Star.

\$100 Reward, \$100.

S100 Reward, S100.

The readers of this paper will be pleased to learn that there is at least one dreaded disease that science has been able to cure in all its stages, and that is Catarri. Hail's Catarri Cure is the only positive cure now known to the medical fraternity. Catarrib being a constitutional disease, requires a constitutional disease, requires a constitutional treatment. Hail's Catarri Cure is taken internally, acting directly upon the blood and mucoms surfaces of the system, thereby destroying the foundation of the disease, and giving the patient strength hy building up the constitution and assisting nature to doing its work. The proprietors have so much faith is its curative powers that they offer One Hundred Dollars for any case that I falls we cure. Send for list of testimonials.

Address F. J. CHENEY & CO., Toledo, O. Sold by all Druggists, 75c.

Take listl's Family Plus for constipation.

"Love," says Dr. Emil Reich, of London, "is the offspring of godlike abundance." Which may have a tendency to make a young man feel, when he is settling up for flowers and bonbons, etc., that perhaps he was mistaken, after all.—Indianapolis News.

Speaking of untried experiences. There is that for some people of discovering that an enjoyable evening may be spent without saying a word against anybody.

Do your clothes look yellow? If so, use Red Cross Rall blue. It will make them white as snow. 2 or package, 5 cents. Steady pulling is what moves the load, while spasmodic effort generally merely breaks the harness.

Send to Garfield Tea Co., Brooklyn, N., Y., for free package of Garfield Tea, the herb cure for constitution and liver trouble.

No matter how independent a man may be, he will climb off the perch when he is looking for office. The improvident man is often up in the clouds, looking for some of those silver

linings. Mrs. Winslow's Scothing Syrap.

For children teething, softens the game, reduces in flammation, sluys pain, sures which colle. Se a bottle What a quiet world this would be if

TELEPHONE TIDINGS.

Liverpool has tried and abandoned nenny-in-the-slot telephone service. London, with three times as big a population as New York, has only twothirds the number of telephones-

namely, 80,000. The first long-distance telephone cable in this country was that between Liverpool and Manchester, It

was opened in 1880. Wireless telephony has been invented by Mr. Thomas Gladwell, of Newport (Mont.), who claims to have had successful results up to a distance of

ten miles. The longest telephone circuit in the world is that between New York and Chicago. It is 950 miles long. longest in Europe connects London with Marseilles, these places, being

650 miles apart. It is now possible to "ring up" the nearest railway station from a moving train, and to telephone, via the station, to any subscriber. An experiment was conducted successfully on the Highland railway.

CONCERNING CITIES.

In five years Krupp's town of Essen has increased 93 per cent. Cologne, with its 426,000 people, has had an astonishing growth.

Any city of more than 100,000 inhabitants is considered a great city. Of these Germany has more than any other country, namely, 41.

Great Britain and the United States have 39 each. Then there is a break till we reach Russia with 16, France with 15, Italy with 12, Japan and Austria-Hungary with eight each.

An Interesting Letter.

Mary Bagguley, of 117 Peach St., Syracuse, N. Y., writes to teil of the terrible suffering of her sister, who, for the past 24 years, had been tormented with side ache from female trouble, keeping her weak and ailing. She took Wine of Cardui and is now Cardui has been a Godsend to us both," she writes. For all women's troubles, Cardul is a safe, efficient, reliable remedy. At druggists; \$1.00.

There is little difference in robbing your employer of time he pays for and stick-ing your hand down in his pocket when un't looking.

Lewis' Single, Binder costs more than other 5c cigars. Smokers know why. Your dealer or Lewis' Factory, Peoria, Ill.

When you have honey from the rock ou will not want glucose from flatterers. The trouble with the dead beat is that

he is so very much alive. Garfield Tea cures sick-headache, bilious ittacks, liver trouble and constitution,

April showers also bring forth borrowed umbrellas.-Indianapolis News.

Increasing Among Women, But Sufferers Need Not Despair

THE BEST ADVICE IS FREE

Of all the diseases known, with which the female organism is afflicted, kidney disease is the most fatal, and statistics show that this disease is on the increase among women.



Unless early and correct treatment is applied the patient seldom survives when once the disease is fastened upon her. We believe Lydia E. Pinkham's Vegetable Compound is the most effi-cient treatment for chronic kidney troubles of women, and is the only medicine especially prepared for this purpose.
When a woman is troubled with pain

when a woman is troubled with pairs or weight in loins, backache, frequent, painful or scalding urination, swelling of limbs or feet, swelling under the eyes, an uneasy, tired feeling in the region of the kidneys or notices a sediment in the urine, she should lose no time in commencing treatment with I wis E. Pinkhawa Vocatable. with Lydia E. Pinkham's Vegetable Compound, as it may be the means of saving her life.

For proof, read what Lydia E. Pink-ham's Vegetable Compound did for Mrs. Sawyer.

Sawyer.

"I cannot express the terrible suffering I had to endure. A derangement of the female organs developed nervous prostration and a serious kidney trouble. The dector attended me for a year, but I kept getting worse, until I was unable to do anything, and I made up my mind I could not live. I finally decided to try Lydia E. Pinkham's Vegetable Compound as a last resort, and I am to-day a well woman. I cannot praise it too highly, and tell every suffering woman about my case.—Mrs. Emma Sawyer, Conyers, Ga.

Mrs. Pinkham gives free advice to vomen; address in confidence, Lynn,

ARKER'S HEADACHE POWDERS QUICKLY CURE HEADACHE, NEURALGIA AND FEVERS. Price IOc. Thousands use and Indorse them

A. N. K.-B (1906-19) 2125

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Over Thirty Years The Kind You Have Always Bought

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" NUBLACK"

Loaded Black Powder Shells Shoot Strong and Evenly. Are Sure Fire, Will Stand Reloading.

They Always Get The Game. For Sale Everywhere.

SICK HEADACHE



Positively cured by these Little Pills. They also relieve Dis tress from Dyspepsia, In-digestion and Too Hearty Eating. A perfect rem-edy for Dizziness, Nausea, Drowsiness, Bad Taste

in the Mouth, Coated Tongue, Pain in the Side, TORPID LIVER. They regulate the Bowels. Purely Vegetable. SMALL PILL. SMALL DOSE. SMALL PRICE.

Genuine Must Bear CARTERS Fac-Simile Signature IVER Breuksood REFUSE SUBSTITUTES.

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OF CANADA



to every settler One Hundred and Sixty Acres of land in Weste ern Canada. Land adjoining this can be purchased from

railway and land com

It is also the best of grazing land and for mixed irming it has no superior on the continent.

Splendid climate, low taxes, railways convenient; schools and churches close at hand.
Write for "Twentist Contrary Canada" and low rail way rates to Suprathrender of 1246 cannon, or to authorized Canada Agents.
J. S. Chawronn, 128 West-Ph. St., Kansactiv. Mac. J. Brouderron, co Quiner Bidg. Cheago, Ill. Mention this paper.

ook Premature

Because of those ugly, grizzly, gray hairs. Use "LA CREOLE" HAIR RESTORER. Price, \$1.00, retail,